

**CIT Case Presentation Format - Possible Areas of Exploration**

1. Who is your consultee?
  - a. level of EMDR training
  - b. number of EMDR sessions a week
  - c. years as a therapist
  - d. Preferred theoretical orientation prior to learning EMDR
  - e. learning style
  - f. type of setting
  - g. type of clients practicing EMDR with
2. How are you, the CIT, presenting your data today?
3. What concerns do you want to address today?
4. How is the Consultee data presented
  - b. video
  - c. audio
  - d. written transcript
  - e. verbal
3. Is an EMDR Case presentation format being used? If not, why?
4. Individual or group session
5. face to face or distance
6. Is consultee prepared for consultation?
7. Is consultee talking in AIP terms?
8. Is consultee utilizing the 8 phases? How?
9. Is consultee utilizing 3 prongs?
10. Is consultee utilizing EMDR language?
11. Is there a targeting sequence plan?
12. Is there a case conceptualization?
13. Which protocol is the Consultee using?
14. What areas does the consultee seem to be strong in?
15. What were you, the CIT, able to complement them on?
16. What areas does the consultee need to work on?
17. What is your plan to help them strengthen that area?
18. How safe does the working relationship seem to both CIT and Consultee?
19. Were the Learning Objectives utilized in meeting, how?
20. Were Fidelity Checklists utilized in meeting, how?
21. What did you feel good about in this meeting with the Consultee?
22. What would you like to work on?
23. Are there any adjustments you need in Consultation with your Consultant?